

Arise, and do not be afraid! Matthew 17:7
Gospel Reading on the Second Sunday of Lent

At the beginning of our Lenten journey, we heard the Gospel words, "Arise, and do not be afraid". This is a message we especially need to hear this year when there are so many situations that are beyond our control. The coronavirus in many parts of our world has come to our country. This is affecting our economy on many levels but more importantly we worry about the vulnerable - the young, the old, pregnant women, students and those with fragile health. We also know that many of our friends face personal challenges with illnesses, family problems, the recent loss of loved ones. We are grateful for your emails and notes that share with us your concerns and we hold all of these in our hearts.

Just as Jesus underwent his Transfiguration, we know through our Baptism and living our Christian life we are changed! Just as Peter, James and John experienced this powerful moment with him, we travel with others. We especially thank you for sharing your life with us and remembering us in your prayers.. May each of us be blessed with greater trust as we continue towards Easter.

With our love and gratitude,

Sister Carolyn

Sr. Carolyn Forgette, osc and all your Poor Clare Sisters