

"I am with you always to the end of the age." (Mt. 28:20)

September feels like the beginning of a new year in a way, doesn't it? Perhaps because the school year begins, and family life gets back to "normal" (whatever normal is!). However, we certainly have a "new normal" these days, don't we? And it's uncomfortable at the least, isn't it?

In the midst of this global dis-ease, it is important to remember that with all that we don't know, there is one thing we do know for sure - that God is with us! That may be all we know, but is enough to hold on to, especially when it feels like there isn't much else to anchor us.

Here at the monastery, we also hold on to the love and support of our friends - like you! It is a very real expression of God's presence and provident care and we don't take you for granted.

Thank you for your friendship and support, and in particular for your recent gift of [Amount]. We couldn't live our life of prayer without you! We are all in this together!

We pray you may experience the inner peace that only God can give. When you feel anxious, take a moment to reflect and remember three things you are grateful for today; then repeat the above Scripture verse to yourself. That will change your emotional focus and bring peace.

With our love and prayers,

Sr. Nancy Shively, osc and all your Poor Clare Sisters