

Monastery of St. Clare

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August 2026

Dear Friends,

Go securely and in peace, my blessed soul.

The One who created you and made you holy has always loved you tenderly as a mother her dear child.

And you, Lord, are blessed because You have created me. (St. Clare)

As you probably know, August is a special month for Poor Clares because we celebrate the solemnity of our holy Mother St. Clare on the 11th! The celebration begins on the evening of the 10th, when we remember her “transitus”, that is, her transition from earthly life to Life Eternal. The last words she spoke are the words quoted above.

I always marvel at her final words and wonder if I would be able to say them to God at the end of my life. Wouldn't it be awesome if each of us could say, with Clare, “thank you God for loving **me**; I praise you for having created **me**! That's not a lack of humility, because remember, humility is truth, and this is the deepest of truths.

Stop and think about that; let it sink in for a moment. Walk with that thought for today. See if that doesn't put a spring in your step!

You constantly remind us of God's love each and every day. We are so grateful to you for generously sharing your time, talent, and treasure with us. Your love and support make our life of prayer possible. You are part of the hundredfold we experience in this life and we give thanks for you daily!

May you experience God's love today, in ways large and small. Watch for signs of God's love in the unexpected! Let these signs feed your soul.

We ask God's blessing upon you and all your loved ones!

Peace,

Sr. Nancy

Sr. Nancy and all your Poor Clare Sisters

May almighty God bless you. May God look upon you with mercy and give you peace.

— Blessing of St. Clare